starters

Vadai with Sri Lankan Yoghurt Dressing Ⓥ £4.95
Deep fried lentil dumplings with curry leaves, dhal, onion and seasoning with Sri Lankan yoghurt dressing

Mango Salad with Chef's Special Dressing ⓋⒼⒻ £4.95
Tangy mango and tomato salad with fresh lime, coriander honey dressing - a cross between sour and sweet

Capsicum Stuffed with a Shrimp Mixture £4.95
Capsicum stuffed with an exotic and subtly spiced filling of shrimps and onion dipped in breadcrumbs, served with a Sri Lankan curry sauce

Fish Balls with Sri Lankan Pineapple Chutney £4.95
Three tuna & potato balls cooked in aromatic spices with home-made pineapple chutney

Warm Sardine Salad ⒼⒻ £5.50
Two deep fried seasoned crisp sardines, served with salad and chef's dressing

Chicken Roll with Sri Lankan Sweet & Sour Sauce £4.95
Filled with chicken and savoury vegetables

Vegetable curries ⓋⒼⒻ ALL £8.50

Each of the following curries are cooked in a similar way, with spices and fresh herbs, tomato, onion and coconut milk. The flavour and textures are unique, depending on the main ingredients used.

Lentil
Chickpea
Leek
Bean
Cabbage
Okra
Potato
Beetroot
Sweet Potato
Carrot
Butternut Squash

Spinach & Lentil £8.50
Mushroom £8.50
Aubergine £8.50
Cashew Nuts, Peas and Garlic £9.50

Aubergine & Capsicum Sri Lankan Ratatouille ⓋⒼⒻ £8.50
Aubergine and capsicum slowly cooked with red onion, cinnamon, cardamon and tomato with aromatic spices to seal the flavour

Vegetable Tempered Curry ⓋⒼⒻ ALL £8.50
These curries are prepared with less sauce and are tempered in a blend of Sri Lankan spices fused with herbs, mustard and garlic
Chickpea
Sweet Potato
Potato
Cabbage & Cauliflower

Mallum ⓋⒼⒻ ALL £8.50
A unique style curry dish cooked with fresh grated coconut, mixed with light traditional spices
Lentil
Cabbage
Bean

fish & seafood

Seafood Curry ⒼⒻ
Cooked in herbs and a delicious aromatic sauce with fresh coconut to seal in the unique flavours
Squid £10.95
Prawns £10.95
Fresh Tuna Steak or Kingfish £13.50
King Prawns £12.95

Devilled Dishes
Special Sri Lankan style stir fried dish with onion, leek, capsicum and tomatoes cooked in a garlic and ginger sauce
Squid £10.95
Prawns £10.95
Fresh Tuna £13.50
King Prawns £12.95

Grilled Seer Fish Steak (King Fish) ⒼⒻ £11.95
Grilled fish seasoned with garlic, mustard, black pepper and fresh lime

Grilled Seer Fish Steak Meal (King Fish) ⒼⒻ £14.95
Served with garlic and lemon rice and aubergine and capsicum ratatouille

Moonstone Special Red Snapper ⒼⒻ £16.95
Marinated in selected spices and served on a bed of spiced squash/sweet potato mix and special rice

meat dishes

Traditional Meat Curry ⒼⒻ
Meat cooked in a unique blend of home-made spices and herbs in a cinnamon and coconut sauce
Chicken £9.95
Lamb £10.95
Pork £9.95
Beef £10.95

South Coast Special Dish ⒼⒻ
Meat marinated in selected spices to seal the flavour with a twist of freshly squeezed lime and cardamon, slowly cooked with a dash of sauce
Chicken £9.95
Lamb £10.95
Pork £9.95
Beef £10.95

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Devilled Dishes
Special Sri Lankan style stir fried dish with onion, leek, capsicum and tomatoes, cooked in a garlic and ginger sauce
Chicken £9.95
Lamb £10.95
Pork £9.95
Beef £10.95

Noodles

Sri Lankan Style Noodles
Gently steamed noodles tempered in the traditional Sri Lankan way with shredded vegetables and a dash of exotic flavour
Vegetable Noodles Ⓥ £3.50
Chicken or Pork Noodles £4.95
Mixed Noodles £6.95
Egg, meat and seafood
Egg Noodles £3.95
Seafood Noodles £6.95

rice dishes

Plain Steamed Rice Ⓥ GF	£2.95	Garlic & Lemon Rice Ⓥ GF	£3.50
Vegetable Fried Rice Ⓥ	£3.50	Egg Fried Rice	£3.95
Chicken or Pork Fried Rice	£4.95	Seafood Fried Rice	£6.95
Mixed Fried Rice	£6.95	Special Rice Ⓥ GF	£3.95

Seafood, egg and meat

Cooked with vegetable spread, herbs and authentic Sri Lankan spices, garnished with fried onion and raisins

rotti

Paratha Ⓥ £3.95
Unleavened flatbread

Savoury Rotti Ⓥ £3.95
Rotti cooked with tomato, onion, pepper and coconut with a touch of spice

String Hoppers Ⓥ GF £3.95
Fine strings of rice flour dough steamed in lacy circles

side dishes

Coconut Sambal Ⓥ GF £3.95
Shredded coconut mixed with chopped onion, tomato, a hint of chilli

Sini Sambal Ⓥ GF £3.95
Cinnamon and chilli flavoured caramelised onion

Parsley & Carrot Salad Ⓥ GF £3.95

Tomato & Onion Salad Ⓥ GF £3.95

Sri Lankan Omelette GF £5.50
Egg pan fried with tomato, onion, black pepper and a hint of green chilli

Papadam Ⓥ £1.00

Papadam Sauces Ⓥ GF Yoghurt Dip, Pineapple Chutney or Sweet & Sour Chilli £0.50

ALL PRICES ARE INCLUSIVE OF VAT

WE CANNOT GUARANTEE THAT THERE ARE NO BONES IN THE FISH OR MEAT.
FOR NUT ALLERGIES, GLUTEN FREE, VEGANS & CELEAC'S
PLEASE ASK THE MANAGER.

Canned Soft Drinks

Coke, Diet Coke, Lemonade, Fanta Orange, Ginger Beer £1.25

Soft Drinks

Appletise, J2O, Elderflower £2.50

Moonstone

OPENING HOURS FOR TAKE AWAY ORDERS
Tuesday to Saturday: 5.00pm - 10.00pm
& Sunday: 5.00pm - 9.00pm
(CLOSED MONDAYS)

tripadvisor **Certificate of Excellence**

★★★★★ **5 Star Food Rating**

Take Away orders can be placed outside of our opening hours for special occasions. Please call us for more information

Ⓥ Vegetarian GF Gluton Free

208 Church Road, Hove BN3 2DJ
www.moonstonesrilankanrestaurant.co.uk

Moonstone
Sri Lankan Restaurant

Moonstone is a family run business.

Sri Lankan curries are tasty but not necessarily hot!
They are distinguished by being light, delicately spicy with an abundance of fresh herbs and a dash of fresh coconut - tantalising to the palette and light to digest.
All the curries are available from mild to hot.

HOME DELIVERY NOW AVAILABLE

free delivery

(within a 2 mile radius)

Take Away Menu

10% DISCOUNT ON COLLECTION

01273 202151